You're on your way to K!

The transition to kindergarten is a major milestone - not only for the child, but for his or her family as well. We have put together a few activities and resources to help your child's transition into kindergarten go as smoothly as possible!

The information provided below is designed to help you prepare your child for a successful school experience here at Roberts!

You bet, I'm ready for K!

Personal Skills - Without help, can they...

- ____ Use the restroom independently
- ____ Be completely potty trained
- ____ Change their clothes after an accident
- ____ Wash and dry their hands
- ____ Put on and take off jacket/clothing
- ____ Snap, button, zip, and buckle
- ____ Clean up materials and supplies
- ____ Open and close backpack independently
- ____ Open straw and place in drink independently
- ____ Open snack independently

Social Skills - Can your child...

- ____ Listen to an adult \$ follow simple instructions ____ Cooperate, take turns, and share with others
- ____ Sit for short periods of time, both in a chair and on the carpet

- Academic Skills Can your child...
- ____ Hold a book upright and turn the pages
- ____ Know their first \$ last name

____ Recognize and write first name (using a capital letter for the first letter ex. M-a-t-t, not M-A-T-T)

- ____ Know their birthday
- ____ Tell and retell familiar stories
- ____ Recognize basic colors, shapes, and sizes
- ____ Count to 20
- ____ Identify numbers 0-10 in random order
- ____ Hold scissors & pencil correctly
- ____ Use a computer mouse correctly
- ____ Trace letters, numbers, and shapes
- ____ Identify most uppercase and lowercase letters by name

____ Follow simple, two-step directions

<u>To help with a smooth transition into kindergarten, here are a few additional and helpful ideas:</u> provide opportunities to play with other children, teach your children socially acceptable ways to disagree, and encourage social values such as helpfulness, cooperation, sharing and concern for others.

Additional Resources



The Leap Frog Letter Factory videos are a fun and engaging way to teach children the letters and the sounds of the alphabet.



Starfall.com has several free educational videos and games for teaching children the letters of the alphabet, and more!

**Jack Hartmann Kids Music Channel on YouTube has an abundance of songs and videos related to Kindergarten skills!

