**AP PSYCHOLOGY**

# LINCOLN HIGH SCHOOL

**ΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨΨ**

**INSTRUCTOR: MS. EMILY LANDERS**

**BA HISTORY, BRITISH STUDIES; FLORIDA STATE UNIVERSITY**

Your AP Psychology Exam is: **May 9th, 2019 @ Noon**

Your section is \_\_\_\_\_\_, and will affect your testing location

**MAT SECONDARY EDUCATION, HISTORY; BOSTON COLLEGE**

**Email:** [**landerse@leonschools.net**](mailto:landerse@leonschools.net)

**TEXTBOOK:** Myers, D.G. *Psychology for AP, 2nd ed.* New York: Worth 2014*.*

**STRONGLY RECOMMENDED REVIEW BOOKS AND FLASHCARDS:**

**Books:** McEntarffer & Weseley *Barron’s How to Prepare for the AP Psychology Advanced*

*Placement Examination,* Barron’s, Hauppauge, NY.

Maitland *5 Steps to a 5 AP Psychology,* McGraw-Hill.

Krieger *AP Psychology Crash Course,* **REA**

**Flashcards:** McEntarffer & Weseley *Barron’s AP Psych Flashcards,* Barron’s, Hauppauge, NY.

**COURSE PURPOSE/ WHY SHOULD I CARE?** Before you devote yourself to any task, particularly a demanding task, you need to ask yourself, “Why am I doing this? Why is this worth my effort and my commitment?” In AP Psychology, the answers to those questions should be clear and powerful. They relate to the most interesting, exciting, and complex of all things worth knowing: the human being.

What makes us act as like we do? What do dreams mean? How does memory work? What happens when someone is “mentally ill?” How can he or she be brought back to health? How do human beings develop physically, cognitively and emotionally? How are fears created? How was your personality/self-concept developed? What is the interplay between thought and behavior? Does your brain control you or do you control it? How much of “YOU” was determined genetically and how much was acquired through experience and learning? Do you have freedom and control of your behavior or does your personality control you? How much are you in charge of your life? You have been asking and finding answers to questions like these all your life. Now you will be able to come to more researched answers.

The AP Psychology course is intended to provide the scope and level of academic accomplishment expected in a **COLLEGE** Introductory Psychology course. In addition, the course aims to instill knowledge, skills, and attitudes to apply to our own lives. Of course, we all know that the AP Psychology Test in May is the measuring stick by which our success will be compared, so a third goal is to prepare you to qualify for college credit by scoring a 3, 4, or 5 on the AP Psychology Test. I plan on you enjoying this learning experience to the highest degree possible while maintaining the focus on our goals.

**IS THIS CLASS “HARD?”** Acting as a college student, you are expected to “charge ahead” on your own- to seek, find, and internalize knowledge for your own betterment. The instructor’s job is to structure learning situations and select tools to help you attain your goals. You alone will make this class “hard” or “easy.” **IN SHORT, YOU MUST BE THE MAIN AGENT IN YOUR EDUCATIONAL PROCESS AND I EXPECT THAT YOU WILL BE!**

**COURSE OBJECTIVES:**

* Students will prepare to do acceptable work on the AP Psychology Exam.
* Students will study the major core concepts, theories and theorists of Psychology. They will be able to define key terms and use these terms in their everyday vocabulary.
* Students will learn the basic components of scientific psychological research. They will be able to devise simple research projects, interpret and generalize from results, and evaluate the validity of research findings.
* Students will be able to apply psychological concepts to their own lives. They will be able to recognize psychological principles when they encounter them in everyday situations.
* Students will develop their reading, writing, and discussion skills.
* Students will develop critical thinking skills. They will become aware of the danger of blindly accepting or rejecting any psychological theory without careful, objective evaluation.

**CLASS PROCEDURES:**  Any and all rules applying to the classroom in the Student Handbook will be enforced. The procedure for dealing with any violation should be:

First Offense- Verbal Warning

Second Offense- Detention (before/ after school or lunch)

Third Offense- Parent called and Detention Cleaning Detail

Fourth + Offense- Sent to Student Affairs for discipline

**GRADING POLICIES:** Your grade in this class will be determined by the following criteria:

TESTS = **70 %**

CLASS/HOMEWORK, AND QUIZ GRADES= **30%**

\*Material for unit tests and exams will be a mix of topics covered in class as well as material assigned for reading which may or may not have been covered in class. You will have a unit test roughly every two to three weeks. There will be a Cumulative Exam at the end of each semester.

\*Quizzes can be announced or unannounced and could be drawn from the readings, assignments or lecture topics. It is the student’s responsibility to be prepared for these by doing the assigned work when it is due. Both open and closed note quizzes will be given.

\*Assignments will be accepted late for partial credit. You will lose 10% of the grade for each day after the day the assignment is collected.

\*If you miss a test or quiz due to an absence, **you will have to take the test the day that you come back to school**. Failure to do so will result in a “0” grade for the test.

**HOME WORK/ CLASS WORK POLICY:** You have a standing assignment each unit to read the chapters that make up the unit. You should take notes on your reading and put it in your notebook. In addition, I will be giving pop quizzes on material from your chapter readings during each 9 week grading period.

I also will give assignments in class to be completed either in class or at home.

***Active use of*** [***www.edmodo.com***](http://www.edmodo.com) ***for this class is also expected. The access code for AP Psychology is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

**MATERIALS:** \*You will need to keep a notebook/portfolio for this class. All handouts, work handed back, and notes will be expected to be in this notebook, as you are essentially creating your study guide for the AP exam. It will be checked randomly throughout the year. It should be divided into the 14 domains of AP Psychology.

You will need the following to succeed in class:

* A 3 ring binder (to be used exclusively for AP Psych)
* 14 dividers (one for each unit)
* An Edmodo account to access information and postings – I DO NOT answer “What did I miss?” as that information is easily accessible to you

It takes teamwork to keep our classroom environment clean and healthy. If possible, please contribute 2 items from the following list, so that we can stay happy and healthy throughout the year!

* Box of tissues (we go through these fast!!!)
* Lysol wipes or spray
* Paper towels
* Dry erase markers

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**TIPS FOR STUDENTS OF AP PSYCHOLOGY FROM STUDENTS OF AP PSYCHOLOGY:**

1. **TAKE COMPLETE CLASS NOTES AND PLACE THE DATE ON THEM**. Don’t only write what’s on the board, draw any relevant charts/pictures, and review your notes regularly making annotations and highlighting info.
2. **YOU MUST READ AND LEARN TO READ MORE EFFECTIVELY**: This can be best accomplished by reading “actively” (don’t just look at the material and read it to get finished.) Preview your chapters before you start reading and review frequently. Read through your chapter questions before you read your text so you know what points to look for. Do not ignore pictures, diagrams, tables, illustrations, or sidebars in your textbook as these features serve to make the text more interesting and meaningful. Take notes on your reading.
3. **HALF OF THE BATTLE FOR A QUALIFYING SCORE IS VOCABULARY MASTERY!!!**

It is critical that you know the terminology AND be able to relate the concepts together. For this reason, it would be wise to construct a “Psychology Dictionary” of important unit terms for each unit, OR purchase the Barron’s vocab cards

1. **FORM A STUDY GROUP**. Use it as an excuse to spend more time with your friends and fill in the gaps that you have missed.
2. **LEARN TO WRITE ESSAYS FOR THE RUBRIC**. The best way to improve your AP Psychology Exam Score is by learning how to write an AP Psychology Essay. I will give you (much) practice but you should practice on your own, too.
3. **HAVE SOME QUESTIONS ABOUT THE UNIT’S MATERIAL AND ASK QUESTIONS**. This makes the material more interesting to you and easier to recall when you need it.

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**14 Units/Domains**

**(Will not be taught in this order)**

UNIT I- History and Approaches (2-4% of the exam)

1. Logic, Philosophy, and History of Psychology
2. Psychology’s Perspectives or Approaches

UNIT II- Research Methods (6-8% of the exam)

1. Experimental, Correlational, and Clinical Research
2. Statistics: Descriptive and Inferential
3. Ethics in Research

UNIT III- Biological Bases of Behavior (8-10% of the exam)

1. Physiological Techniques (e.g. imaging, surgical examination)
2. Neuroanatomy
3. Functional Organization of the Nervous System
4. Neural Transmission
5. Endocrine System
6. Genetics

UNIT IV- Sensation and Perception (7-9% of the exam)

1. Thresholds
2. Sensory Mechanisms
3. Sensory Adaptation
4. Attention
5. Perceptual Processes

UNIT V- States of Consciousness (2-4% of the exam)

1. Sleep and Dreaming
2. Hypnosis
3. Psychoactive Drug Effects

UNIT VI- Learning (7-9% of the exam)

1. Classical Conditioning
2. Operant Conditioning
3. Cognitive Processes in Learning
4. Biological Factors in Learning
5. Social Learning

UNIT VII- Cognition (8-10% of the exam)

1. Memory
2. Language
3. Thinking
4. Problem-Solving and Creativity

UNIT VIII- Motivation and Emotion (7-9% of the exam)

1. Biological Bases
2. Theories of Motivation
3. Hunger, Thirst, Sex, and Pain
4. Social Motives
5. Stress

UNIT IX- Developmental Psychology (7-9% of the exam)

1. Life-Span Approach
2. Research Methods
3. Heredity-Environment Issues
4. Developmental Theories
5. Dimensions of Development
6. Sex Roles, Sex Differences

UNIT X- Personality (6-8% of the exam)

1. Personality Theories and Approaches
2. Assessment Techniques
3. Self-concept, Self-esteem
4. Growth and Adjustment

UNIT XI- Testing and Individual Differences 5-7% of the exam)

1. Standardization and Norms
2. Reliability and Stability
3. Types of Tests
4. Ethics and Standards in Testing
5. Intelligence
6. Heredity/Environment and Intelligence
7. Human Diversity

UNIT XII- Abnormal Psychology (7-9% of the exam)

1. Definitions of Abnormality
2. Theories of Psychopathology
3. Diagnosis of Psychopathology
4. Anxiety Disorders
5. Somatoform Disorders
6. Mood Disorders
7. Schizophrenic Disorders
8. Organic Disorders
9. Personality Disorders
10. Dissociative Disorders

UNIT XIII- Treatment of Psychological Disorders (5-7% of the exam)

1. Treatment Approaches
2. Modes of Therapy (e.g. individual, group)
3. Community and Preventative Approaches

UNIT XIV- Social Psychology (7-9% of the exam)

1. Group Dynamics
2. Attribution Processes
3. Interpersonal Perception
4. Conformity, Compliance, Obedience
5. Attitudes and Attitude Change
6. Organizational Behavior
7. Aggression and Antisocial Behavior

\*some components may shift to different units

**Lincoln High School AP Policies:**

Advanced Placement courses have the potential to earn college credit, college admission status, or advanced program placement for students based on their completion of the course and their score on the AP exam.  Please review specific university policies and procedures to determine the acceptance of AP courses and exams.  
  
All students enrolled in Advanced Placement courses **are required to take the national AP exam** in May.  Accommodations for AP exams must be approved through College Board and students should request these accommodations through their AP teacher within the first month of school.  
  
Specific dates, times, and locations of AP exams will be distributed to students second semester.  Students are excused from all periods of school the day of their AP exam and are responsible for their own transportation to and from the testing site.  If a student drops an AP course after AP exams have been ordered, or fails to take an exam in which they are enrolled, they will be responsible for the returned exam fee charged by College Board.  **The approximate cost of each AP exam is $100.  If a student misses an AP exam administration, they must contact their guidance counselor within 24 hours to schedule a make-up administration.**

**AP Psychology Acknowledgement and Agreement**

These course guidelines are designed to communicate my expectations for you in this course as well as familiarize you with the guidelines which govern behavior and general policy in my classroom. Please return this form **(keep the previous pages for your reference, it will be the first page of your notebook)** with both your signature and the signature of your parent or guardian. **This will be turned in and count as your first grade for this course.**

**By signing below, you understand and commit to follow the course guidelines and expectations for Ms. Landers’ Class.**

**Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**