

DEFINE THE HEALTH/ACTIVITY VOCABULARY TERMS Select one column (A-F) each week. Write the definition and use in a complete sentence.

<u>A</u>	В	С	D	E	<u> </u>
ache	achievement	active	aerobics	allergy	appetite
antidote	anaerobic	athlete	blood pressure	breathe	calorie
cereal	challenge	champion	circulation	competition	conditioning
consequence	coordination	decision	dehydration	diet	disease
endurance	energy	equipment	exercise	fast food	fit
flexible	genetics	growth	gymnasium	habit	harmful
headache	healthy	hygiene	hygienic	immunization	inactivity
infection	injury	integrity	iron	jog	jump
learning	mat	mood	motivation	movement	muscle
nauseous	nutrition	obesity	obstacle	offensive	olfactory
opportunity	optimism	performance	perspiration	practice	pressure
prevention	professional	protection	radiation	recreation	regimen
rehabilitation	relaxation	resilient	resistance	responsibility	risk
rivalry	role	routine	savvy	scoreboard	scoring
skill	skin	sleep	specialty	speed	spirit
sportsmanship	squad	stability	stamina	statistics	strategy
strength	stress	stretching	stride	strong	symptom
taunting	team	teammate	trying	technique	therapy
tournament	training	trauma	treatment	unhealthy	vaccination
victory	violation	virus	vitamin	voluntary	walking
warm up	weight	win	work out	yoga	zeal