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Forces and Motion



Forces and Changes in Motion

A surfer seems to have found the perfect wave.

I Wonder Why

Why does a surfer need to wax the board before riding the waves? Turn the page to find out.

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Heughten Miffilm Herecurt

Here's Why

The hard shell of a surf board is smooth and slippery. By waxing the board, the surfer creates bumps, giving the feet something to hold on to.

Essential Questions and Florida Benchmarks

LESSON 1

What Are Forces?

SC.5.P.13.1 Identify familiar forces that cause objects to move, such as pushes or pulls, including gravity acting on falling objects.

SC.5.P.13.2 Investigate and describe that the greater the force applied to it, the greater the change in motion of a given object.

SC.5.P.13.3 Investigate and describe that the more mass an object has, the less effect a given force will have on the object's motion.

SC.5.P.13.4 Investigate and explain that when a force is applied to an object but it does not move, it is because another opposing force is being applied by something in the environment so that the forces are balanced.

SC.5.N.1.5

- j LESSON 2
- **How Do Forces Affect Motion?**413 SC.5.P.13.1, SC.5.P.13.2, SC.5.P.13.3, SC.5.N.1.1, SC.5.N.1.3
- LESSON 3
- What Are Balanced and Unbalanced Forces?......417 SC.5.P.13.1, SC.5.P.13.4, SC.5.N.1.1, SC.5.N.2.2

CAREERS IN SCIENCE



Unit 8 Benchmark Review.....423

Science Notebook

Before you begin each lesson, write your thoughts about the Essential Question.

P.13.1 Identify familiar forces that cause objects to move.... SC.5.P.13.2 ... the greater the force applied to it, the greater the change in motion of a given object. SC.5.P.13.3 ... the more mass an object has, the less effect a given force will have on the object's motion. SC.5.P.13.4 ... when a force is applied to an object but it does not move, ... another opposing force is being applied ... so that the forces are balanced.

LESSON 1

ESSENTIAL QUESTION

What Are Forces?



As you read the lesson, figure out the answer to the following question. Write the answer here.

What forces are acting on this cyclist? Are all the forces balanced?

ACTIVE **READING**

Cause and Effect

Some ideas in this lesson are connected by a cause-and-effect relationship. Why something happens is a cause. What happens as a result of something else is an effect. Active readers look for effects by asking themselves, What happened? They look for causes by asking, Why did it happen?

Lesson Vocabulary

List the terms. As you learn about each one, make notes in the Interactive Glossary.

PUSHING and Pulling

You pull on a door to open it. You lift up a backpack. You push on the pedals of a bike to go faster. What is the relationship between force and motion?

ACTIVE **READING** As you read this page, underline the effects a force can have on an object.

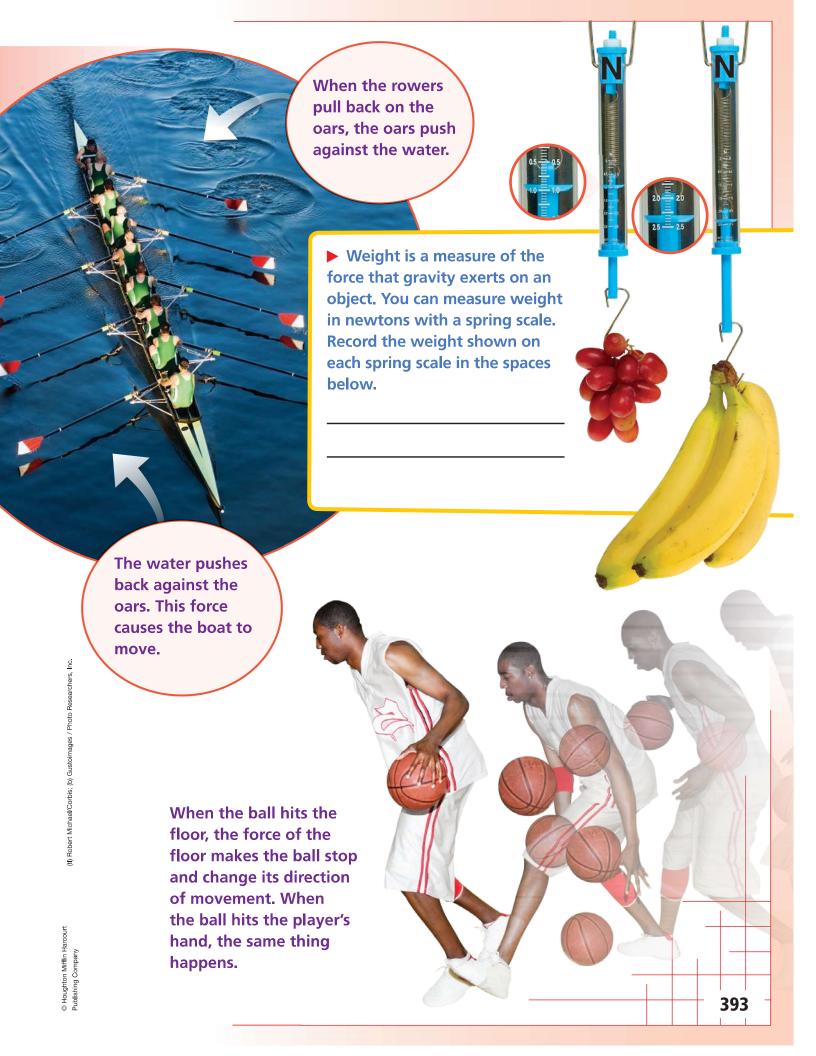


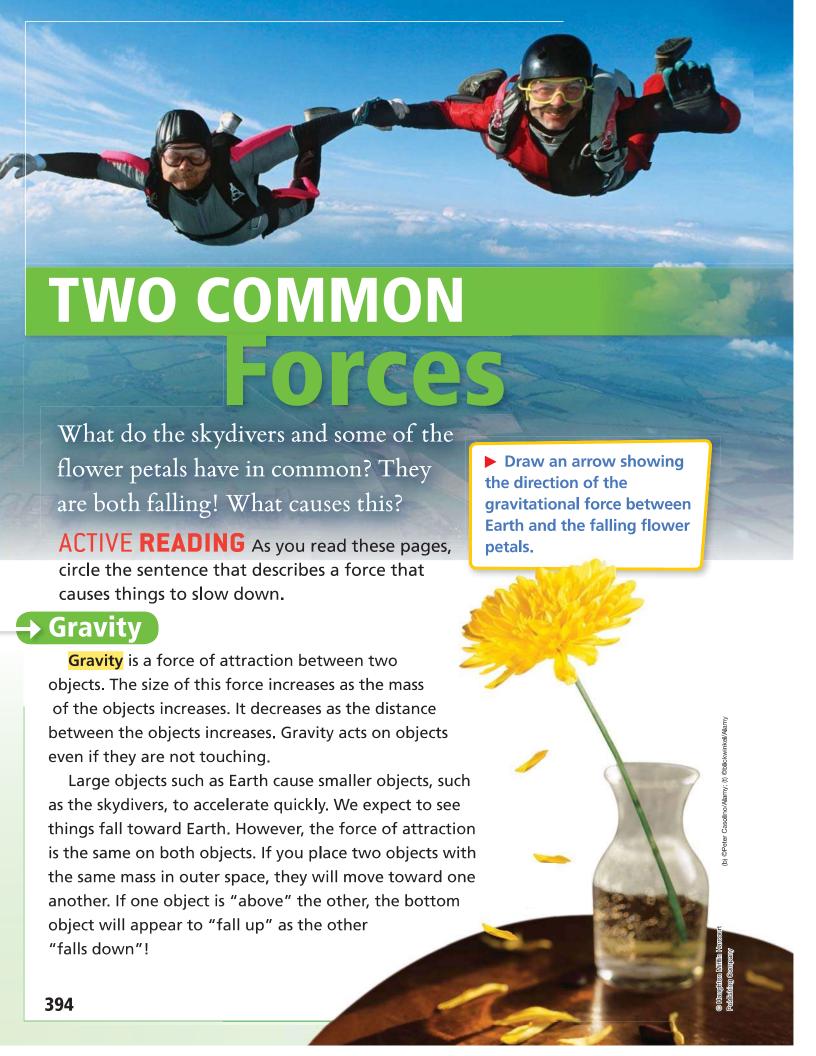
The horse and the road it is on both exert a force on the cart.

Draw an arrow that shows the direction of the force applied to the cart by the horse.

changes in motion all have one thing in common. They require a force, which is a push or a pull. Forces can cause an object at rest to move. They can cause a moving object to speed up, slow down, change direction, or stop. Forces can also change an object's shape.

Forces are measured with a spring scale in units called newtons (N). The larger the force, the greater the change it can cause to the motion of an object. Smaller forces cause smaller changes. Sometimes more than one force can act together in a way that does not cause a change in motion.





Friction

Is it easier to ride your bike on a smooth road or on a muddy trail? Why?

Friction is a force that opposes motion. Friction acts between two objects that are touching, such as the bike tires and the road. Friction can also exist between air and a moving object. This is called air resistance. The skydivers use air resistance to adjust their positions in the air. Their parachutes use this force to slow down their fall.

It is easy to slide across smooth ice because it doesn't have much friction. Pulling something across rough sandpaper is a lot harder because there is lots of friction.

▶ In the pictures on this page, circle the places where there is friction between two objects. In the small boxes, write *Inc* if the object is designed to increase friction and *Dec* if the object is designed to decrease friction.

The tires on this bike are designed to keep the rider from slipping. You have to pedal harder on a rough surface to overcome the force of friction.

An air hockey table blows air upward. This layer of air reduces the surface friction, so the pieces move quickly.

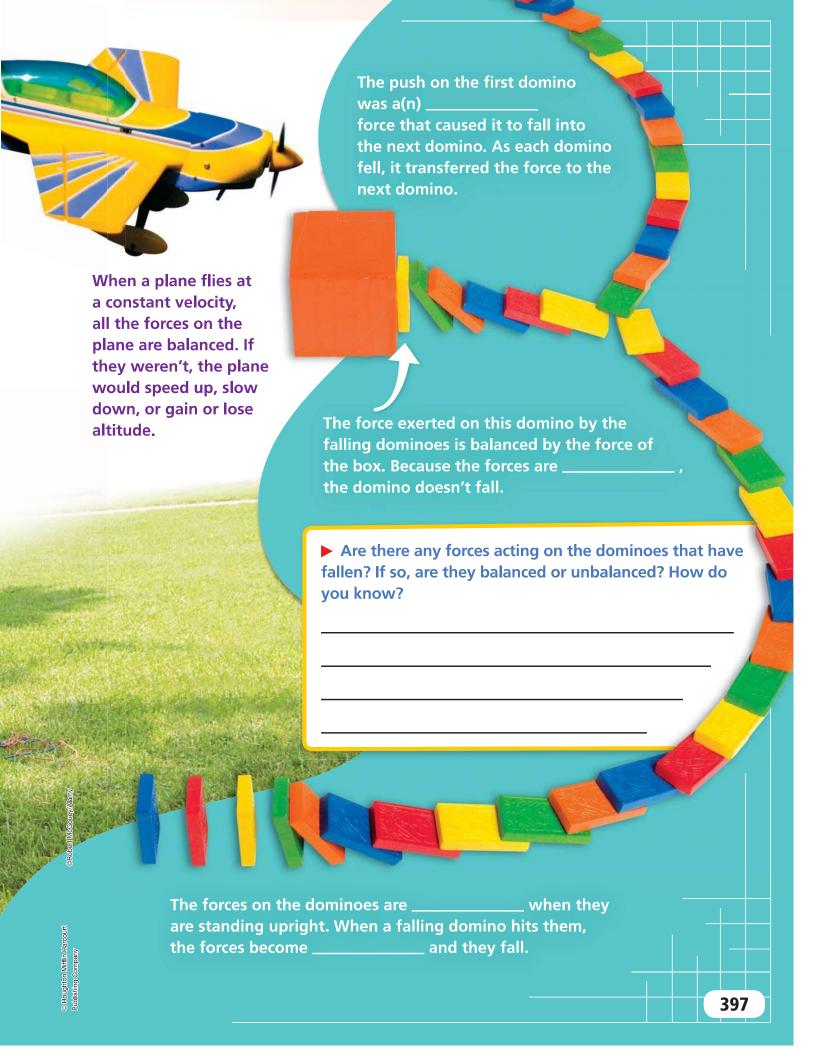


BALANCED or Unbalanced?

The tug-of-war teams are both applying forces. So why isn't anyone moving?

ACTIVE **READING** Draw a circle around a sentence that explains why objects don't always move when a force is applied.





PULL (or Push) Harder! Would you expect a bunt in baseball to

go out of the park? Why or why not?

ACTIVE **READING** As you read, circle the sentences that explain the relationship between the size of a force and motion.

Use forces to explain why the boy can't ring the bell.

When the man swings the hammer, he exerts a force on a plate. The plate transfers the force to a piece of metal that rises up the column and rings the bell.

> The boy swings the same kind of hammer at the same kind of machine. Why doesn't the metal hit the bell?



If you want to make the bowling ball knock all the pins, you will have to hit them with a lot of force. The greater the force you apply to the ball, the more force it can transfer to the pins. A large force will cause a large change in motion. A small force will cause a small change in motion. The bowling ball's force comes from the mechanical energy you give it when you swing it back and then forward in your hand. This motion changes the ball's velocity. After the ball leaves your hand, its velocity continues to change. A change in an object's velocity is called acceleration. The ball may hit and apply a force to just a few pins, causing them to accelerate in many directions. But if you're lucky, these pins will knock other pins and you will get a strike!



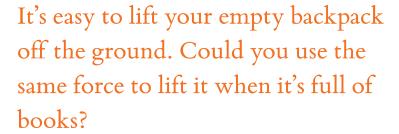
DO THE MATH

Display Data in a Graph

Use the data in the table to make a graph that shows the relationship between the force applied to an object and its acceleration.

Force (N) Acceleration (m/sec	
1	0.5
2	1.0
5	2.5
8	4.0
10	5.0

I'M NOT Moving!



ACTIVE READING As you read these pages, circle cause-and-effect signal words, such as *because*, *so*, or *therefore*.

The springs in the pictures all exert the same force on the balls, causing them to roll across the page. The ball with the least mass accelerates the fastest. Therefore, it travels the farthest. The same force has a greater effect on an object with a small mass than an object with a larger mass.



MICHALERAN

MILLEREN

Rank the balls by writing greatest, middle, or least in the six blanks.

Foam Ball

mass: _____

acceleration:

Baseball

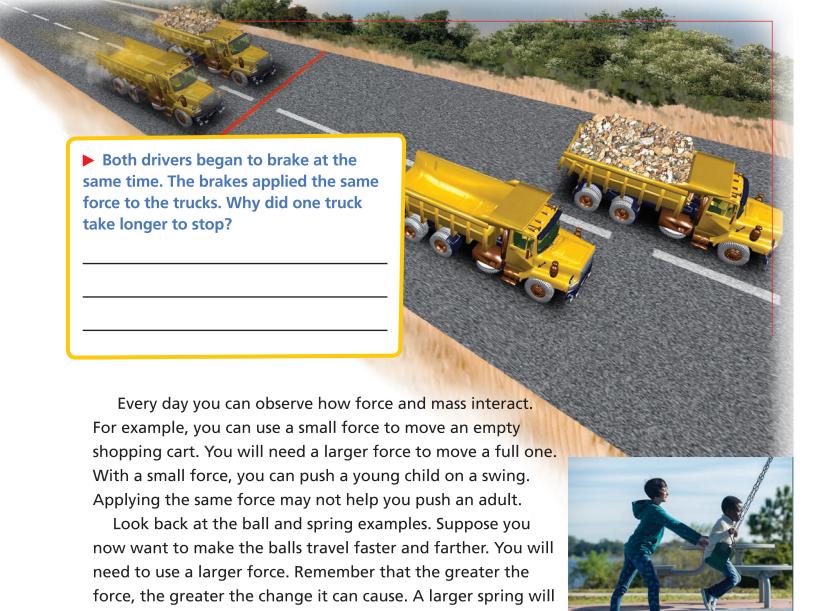
mass: _____

acceleration: ____

(bg) ©George Tiedemann/GTImages/Corbis, (inset) ©George Tiedem (borden) ©NDisc/Aae Fotostock

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An object's acceleration depends on the object's mass and the force applied to it. If you want to slide a heavy box across the floor faster, you have two options. You could take some items out of the box, which decreases its mass. Or you could have a friend help you, which increases the force you apply.

apply a greater force on the balls. So, this will increase their



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acceleration and distance traveled.

Steel Ball

mass: _____acceleration: _____

How did I get to Mars?

LET'S GO to Mars!



How did an understanding of forces help to send a rover to Mars and safely land it there?

- The first force you need is an unbalanced force to oppose Earth's gravity. A huge booster rocket produces nearly 900,000 N of force that accelerates the rocket upward.
 - ► What forces act on the rocket while it's at rest on Earth's surface? Are they balanced or unbalanced?



- After the booster rocket falls away, smaller rockets in the second stage fire. The rockets change the direction of the vehicle's motion and put it in orbit around Earth.
- The third-stage rocket firing produces enough force to reach "escape velocity."
 Earth's gravity can no longer pull it back down. We're on our way!

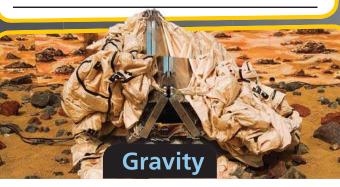




to Mars are the forces on it balanced?



What unbalanced forces are acting on the Rover as it lands on Mars?

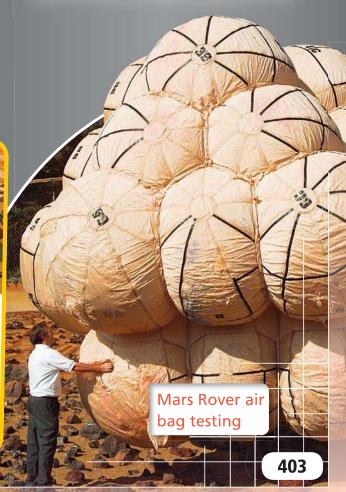


► Use forces to explain why the Rover required a parachute and "air bags."

uring much of the time it takes the spacecraft to travel to Mars, it travels at a constant velocity. The forces acting on the spacecraft are balanced, so its motion does not change.

Tiny rockets occasionally fire to keep the spacecraft on course. During these times, the forces are unbalanced.

As the spacecraft approaches Mars, gravitational attraction begins to accelerate it toward the surface. Like a person jumping from a plane, the Rover detaches from the spacecraft. Parachutes open to slow its fall. Then a big ball inflates around the Rover. When the Rover hits the surface of Mars, it bounces around until it comes safely to rest.



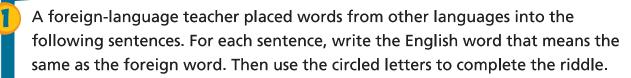
Sum It Up>

Change the part of the summary in blue to make it correct.

1. Forces are pushes and pulls that increase the speed of objects.	
Gravity is the force of attraction between a planet and another object.	
3. An object moving through the air slows down because it is affected by the force of gravity.	
4. When balanced forces act on an object, the object falls.	
5. In order for an object to change its speed or direction, someone has to push it.	

N	а	m	١	e	

Vocabulary Review



1.

A push is an example of a forza. Another example is a pull.

 $-\bigcirc$ Italian

The force of attraction between Earth and objects on its surface is 2. pesanteur.

3.

The force between two moving objects that are touching is Tpedne.

Russian

French

 \bigcirc $_{4}$ - - - \bigcirc $_{7}$ -

Two forces that are equal in size but opposite in direction are ausgeglichene Kräfte

German

5.

Two forces that are not equal in size are Forças desequilibradas.

Portuguese

)_____O_

A 彈簧秤 is a tool that can be used to measure the size of a force. 6.

Chinese

Riddle: What conclusion did the student draw?

The __o__r__e of the __o__c__ is the h_____e, of ___ur___.
1 2 3 4 5 6 7 8 9 1011 1213

Try saying that five times fast!

Apply Concepts



Draw pictures of two activities that you might do. In the first, draw a pushing force. In the second, draw a pulling force.

pushing force

pulling force

The golfer applied a force when he hit the ball. Describe at least two forces acting on the ball as it rolls. Draw arrows to show the forces.



Two students are using a catapult to try and hit a target. The catapult has only one setting.
The first time they tried, they used Rock B. Which of the remaining rocks is likely to come closer to the target? Why?



Use the words balanced and unbalanced as you name and describe the forces acting in each of these pictures. accelerating b. a. Draw what will happen to a Explain why it is easy to slip on a ball that you throw straight floor that is wet. up into the air. Explain why this happens.

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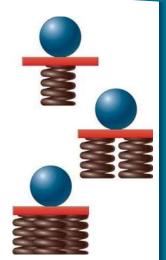
Look at the drawings to the right. Mary measured the distance each ball traveled. Draw lines to match the ball with the distance it traveled.

Explain why each ball traveled a different distance.

25 cm

15 cm

20 cm



9

Give an example of each of the following.

- a. A force is applied but nothing happens.
- b. A force causes an object to change shape.
- c. A force causes an object to change position.
- d. A force causes an object to stop moving.



Circle the object(s) whose velocities are not changing. Draw an up arrow next to the object(s) whose speeds are increasing. Draw a down arrow next to the object(s) whose speeds are decreasing.

A car travels 35 miles per hour around a bend in the road.

A car comes to a stop when a traffic light turns red.

A race car accelerates when a race begins.

A car is driving 45 miles per hour down a straight road.



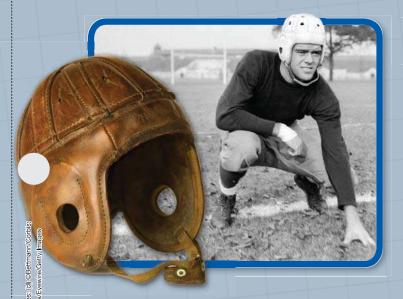
See *ScienceSaurus®* for more information about force and motion.

STEM.

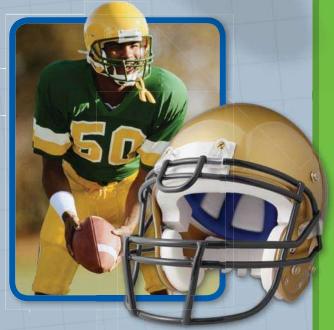
ENGINEERING & TECHNOLOGY

Football Safety Gear

Football is a rough sport. In order to protect players from injury, designers have developed protective gear.



The first helmets were custom made out of leather by horse harness makers. Later, ear holes and padding were added. These helmets had little padding and no face guards.



Hard plastic shells, fitted foam linings, and metal facemasks now make helmets more protective. Some helmets even contain sensors that transmit signals to warn if a player's head has been hit hard enough to cause a serious injury.

CRITICAL THINKING

How do modern materials make it possible to build a better helmet than one made of just leather?

Publishing Company



When engineers develop new materials, it can spark new and improved designs of all sorts of familiar objects.

Choose two pieces of safety gear from your favorite sport or activity. Draw each piece of gear. Do research to find out what material makes up each piece. Label the materials. Explain how one material's properties made it a good design choice.



List three features of this bicycle helmet. Draw arrows to the features that are for safety. Circle the features that are for comfort.

ENGINEERING DESIGN CHALLENGE

Design It: Balloon Racer

Have you ever inflated a balloon, then released it? If so, you've observed jet propulsion.

The blast of air that shot out of the balloon's nozzle produced an opposite and equal reaction. This opposite reaction causes the balloon to fly off in the opposite direction of the escaping air.

Now, it's time to apply your understanding of forces to the design of a balloon car racer.



What to Do:

- Find out about jet propulsion and how it is used by racing cars.
- Find out what materials are available to build a balloon racer. List the materials.
- Based upon your research and available materials, make a diagram of the design for your balloon car racer.

- Build your design.
- Think about how you will test your design's speed. What additional tools and materials will you need to test it? Speed is calculated using the formula s = d/t.
- Measure the distance traveled and the time the racer took to travel the distance. Calculate the model's speed.
- Continue improving or redesigning and testing your racer until you are satisfied with the final product.
- Compare its performance in a classroom race with balloon racers designed by other students.
- Keep a record of your work in your Science Notebook.

SC.5.P.13.1 Identify familiar forces that cause objects to move... SC5.P.13.2 Investigate and describe that the greater the force applied to it, the greater the change in motion of a given object. SC5.P.13.3 Investigate and describe that the more mass an object has, the less effect a given force will have on the object's motion. SC.5.N.1 plan and carry out scientific investigations... SC.5.N.1.3 Recognize and explain the need for repeated experimental trials.

ESSENTIAL QUESTION

How Do Forces Affect Motion?

EXPLORE

What can you do to make a toy truck move faster or travel farther?

Before You Begin—Preview the Steps

- CAUTION: wear goggles. Cut a rubber band in half, and tie the ends around the legs of a chair.
- Place a piece of tape on the floor. Mark lines that are 1 cm, 2 cm, and 5 cm behind the rubber band.
- Place a toy truck against the rubber band. Pull the truck back to the 1-cm mark, and release it. Measure the distance the truck travels, and record the data. Repeat this step two more times.
- Repeat Step 3 using the 3-cm and 5-cm marks.
- Place four bolts in the toy truck.
 Launch the truck from the 3-cm
 mark, and record the distance it
 travels. Repeat this step two
 more times.
- Add four more bolts to the truck. Repeat Step 5.

Materials

safety goggles
giant rubber band
chair
tape
ruler
toy truck
meterstick
metal bolts



Set a Purpose
What will you learn from this experiment?
State Your Hypothesis
Write your hypothesis, or testable statement.
Think About the Procedure Why do you use a rubber band to start the cars, rather than your hand?
Why do you add bolts to the truck?

Name			

Record Your Data

In the table below, record the data you gathered.

Part 1			Distance rub	ber band was	streched	
		1 cm		3 cm		5 cm
Distance traveled (cm)						
Part ii: Rubber band streche	ed to 3 cm				-	
	Empty	Car	Car with	1 4 bolts	Car wit	h 8 bolts
Distance traveled (cm) Trial 1						
Distance traveled (cm) Trial 2						
Distance traveled (cm) Trial 3						

Draw Conclusions

Each time you changed a variable and launched the truck, you ran three trials. Calculate the average distance traveled by the truck in each experimental setting.

Experimental settings	Average distance traveled (cm)
Rubber band at 1 cm	
Rubber band at 3 cm	
Rubber band at 5 cm	

Experimental settings	Average distance traveled (cm)
truck with 0 bolts	
truck with 4 bolts	
truck with 8 bolts	

Draw two bar graphs to display your data.

Claims • Evidence • Reasoning

1.	Interpret your data. Write a claim about how an object's mass is related to its change in motion when acted on by a force.
2.	Cite evidence that supports your claim and explain why the evidence supports the claim.
3.	Write a claim about how the size of the force applied to an object affects its motion.
4.	Cite evidence that supports your claim and explain why the evidence supports the claim.
_	
5.	Why is it important to repeat an experiment several times or to have several people perform the same experiment? Explain your reasoning



Name

ESSENTIAL QUESTION

What are Balanced and Unbalanced Forces?

EXPLORE

Think about an object that is not moving. What do you need to do to make it move? Does the mass of the object make a difference?

Materials

spring scale
3 wood blocks with
hooks
sandpaper
waxed paper
oil

Before You Begin—Preview the Steps

- Use the spring scale to lift a block. Observe and record the force needed to overcome the force of gravity.
- Repeat Step 1 with two blocks and then again with three blocks.
- Place one block on its side on a piece of sandpaper.

Attach the spring scale, and pull it gently. Record the scale reading just as the block begins to move. Repeat this measurement two more times.

Repeat Step 3 with the block on other surfaces, such as waxed paper and waxed paper that has been coated with vegetable oil.



Set a Purpose

What will you learn from this experiment?

Think About the Procedure

What forces are acting on the blocks when they are sitting on the table?

Why will you pull the block across several different surfaces?



Name			

Record Your Data

Record your measurements in this table.

Forces Investigation		
Action	Force(N)	
Lift one block		
Lift two blocks		
Lift three blocks		
Pull block on sandpaper		
Pull block on waxed paper		
Pull block on oiled paper		

Draw Conclusions

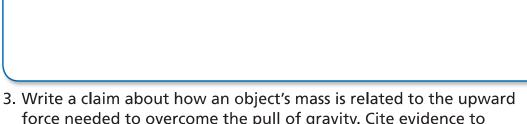
What is required to start an object moving?

Claims • Evidence • Reasoning

1. The block below is being pulled to the right. Draw arrows to show the forces acting on the object. Label each arrow.



2.	At what points during this	activity wer	e the forces	on the block
	balanced? Draw the block	, and show t	he forces as	arrows.



force needed to overcome the pull of gravity. Cite evidence to support your claim.

4. Write a claim about why the blocks required a different force to begin moving on the three different surfaces. Cite evidence to support your claim.

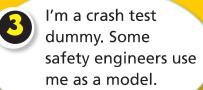
CAREERS IN SCIENCE



A safety engineer helps design and test devices to make them safer.



Safety engineers make changes to designs to avoid possible dangers.





THINGS TO KNOW ABOUT Safety Engineers



Safety engineers can make machines, such as cars, safer to use.

Safety engineers make cars safer with inventions such as seat belts and air bags.

Some safety engineers focus on stopping specific dangers, such as fires.

7

Safety engineers help society have fewer injuries and illnesses.

- Some keep germs from spreading into our food and making us sick.
- They may focus on protecting workers from getting hurt on the job.
- To do their jobs, safety engineers need to study physics, chemistry, math, and human behavior.

how you be the Engineer!

- What do you think is the best thing about being a safety engineer?
- How do safety engineers help society?



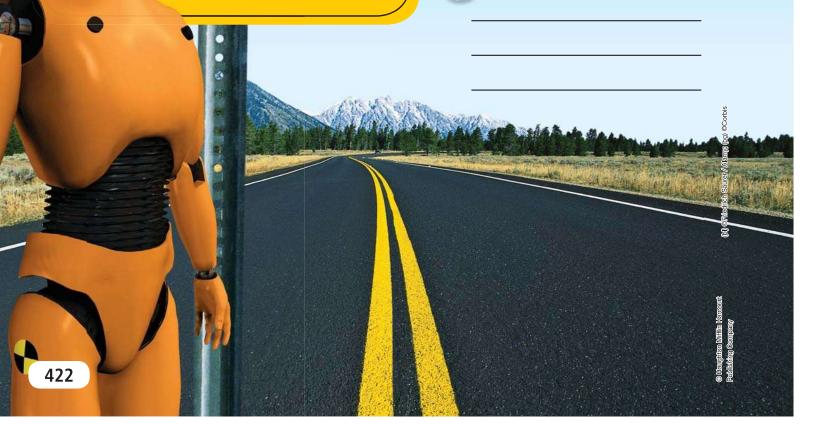
- What safety features in cars have safety engineers helped to develop?
- What question would you like to ask a safety engineer?



2

3

4





Name _____

Vocabulary Review

Use the terms in the box to complete the sentences.

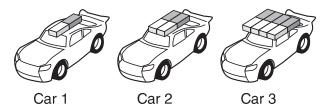
- 1. Forces that cause a change in motion are ______.
- 2. A force of attraction between two objects, even if they are not touching, is _______.

- balanced forces force friction gravity unbalanced forces
- 3. A push or a pull, which causes movement or change in an object's movement or shape, is a(n) ______.
- 4. Forces on an object that are equal in size and opposite in direction are
- 5. A force that opposes motion and acts between two objects that are touching is ______.

Science Concepts

Fill in the letter of the choice that best answers the question.

6. Suri places magnets on three identical toy cars, as shown below. Then Suri measures how far each car rolls when she launches it from the same starting point using the same stretched rubber band.



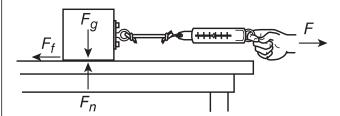
Which statement is true?

- (A) Car 3 will travel the longest distance.
- (B) Car 1 will travel the shortest distance.
- © Car 1 will be the least affected by the force acting upon it.
- (D) Car 3 will be the least affected by the force acting upon it.

- 7. When you coast down a hill on a bicycle, you move faster and faster. Then when you keep coasting on a level surface, you eventually stop moving. What causes you to stop?
 - (F) No force is acting on your bike on the level surface, so it stops moving.
 - G After you reach the bottom of the hill, you run out of energy, so you stop moving.
 - (H) Friction between the tires and the ground is an unbalanced force that changes your motion.
 - (I) Gravity affects you when you move downhill, but there is no gravity when you move on a level surface.

- 8. Katie uses all her force to roll a bowling ball away from her body. Then Katie repeats the same procedure with a soccer ball. How does the movement of the two balls contrast?
 - (A) The soccer ball moves a greater distance because more force is acting on it.
 - (B) The soccer ball moves a greater distance because it has less mass.
 - C The bowling ball moves a greater distance because it has more mass.
 - ① The bowling ball moves a shorter distance because less force is acting on it.
- 9. An object is traveling in a straight line in space. No forces are affecting it. What will happen to the object's motion?
 - (F) It will move faster and faster because there is no force to stop it.
 - (G) It gradually will stop because there is no force to keep it moving.
 - (H) It will stop immediately when the force that started its motion goes away.
 - (I) It will not change. It will continue in the same direction at the same speed.

- 10. Four forces are acting on the block shown in the following illustration:
 - F is the applied force.
 - F_f is friction.
 - F_q is the gravitational force.
 - F_n is the upward force of the table on the block,



If a force *F* is applied to the block and it does not move, which statement is true?

- \bigcirc F and F_f are equal.
- \bigcirc F and F_q are equal.
- \bigcirc F_f is greater than F.
- \bigcirc F_q is greater than F.
- 11. A group of students measured the amount of force needed to move a weight across a dry plastic tabletop. Then they poured some water on the table and repeated the experiment on the wet surface. The students found that less force was needed to make the weight start moving on the wet surface than the dry surface. What caused the difference in the results of the two experiments?
 - (F) change in the amount of gravitational force on the weight
 - G change in the mass of the weight used in the experiment
 - (H) change in the friction between the weight and the surface
 - (I) change in the friction between the weight and the scale used to measure force

Name _____

- 12. Jean held a spring scale with a weight hanging on its hook. She observed that the force on the scale was 3 N. Why was the force greater than 0 N even though the weight was not moving?
 - (A) The 3-N force was balancing the force of gravity.
 - (B) The weight was not moving, but the forces on it were constantly changing.
 - © The spring scale was broken, so it showed 3 N even though the real force was zero.
 - (D) The 3-N force was the amount of unbalanced force on the weight.
- 13. A crane raises and lowers objects and also moves them back and forth. The following illustration shows a crane lifting a heavy box.

What must the crane work against in order to lift the box upward?







(I) cable tension

14. The following table shows the masses of several different objects. You want to toss each object a distance of 2 meters.

Object	Metal washer	Plastic disk	Rock	Wooden block
Mass (g)	1.5	34	16	22

Which object will require the most force to toss it 2 meters?

(A) metal washer

© plastic disk

(B) rock

(D) wooden block

15. The following table shows the masses of four blocks and the forces that are being applied to them.

Block color	Mass (g)	Pushing force (N)	Friction (N)
Red	50	24	6
Green	100	24	6
Blue	40	24	6
Yellow	75	24	6

Which block will have the greatest change in motion?

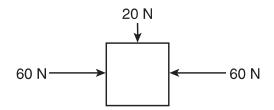
(F) red

(H) green

(G) blue

(I) yellow

16. The following illustration shows the forces that are acting on a box.



What type of motion will the forces cause?

- (A) The box will remain in its current position.
- (B) The box will move downward in a straight line.
- © The box will move to the right in a straight line.
- (D) The box will move back and forth from the left to the right.

Apply Inquiry and Review the Big Idea

Write the answers to these questions.

17.	Jermaine wondered if a heavy ball rolls down a ramp faster than a light ball. Use the space below to describe an investigation he could conduct in order to find out.
12	This worker is pushing a box with a force, which is shown
10.	by the arrow. The box does not move. Make a claim about what keeps the box from moving even though the worker is pushing on it?
19.	Explain how forces can apply to objects in space, even though objects in space can look and feel weightless.
20.	The spring scale shown has a weight attached to it. When the weight was attached, the pointer on the scale moved downward. Make a claim about what will happen if a second weight is added to the spring scale? Support your claim with evidence and explain your reasoning.